## PATENT COOPERATION TREATY

50CO PCT/US98/26469

| <b>707</b>  |                    | From th    | ne INTERNA   | TIONAL BL      | IREAU                    |  |
|---|--------------------|------------|--|----------------|--------------------------|--|
| PCT   |                    | То:        |  |                |                          |  |
| NOTIFICATION OF THE RECORDING OF A CHANGE  (PCT Rule 92bis.1 and Administrative Instructions, Section 422)  |                    |            | GANDY, Kenneth, A. Woodard, Emhardt, Naughton, Moriarty & McNett Bank One Center/Tower Suite 3700 111 Monument Circle Indianapolis, IN 46204 ETATS-UNIS D'AMERIQUE |                |                          |  |
| 16 June 2000 (16.06.00)   |                    | <u> </u>   |  |                |                          |  |
| Applicant's or agent's file reference<br>PUR997024344   |                    |            | IMPORT   | IITOM TMA      | FICATION                 |  |
| International application No.<br>PCT/US98/26469   |                    |            | nal filing date (<br>December 19   |                |                          |  |
| The following indications appeared on      The applicant      The following indications appeared on      The following indications appeared on | record concerning: | the ager   | nt _   | the commo      | n representative         |  |
| Name and Address PECK, Louise, W. 3200 W. 450 North West Lafayette, IN 47906  |                    |            | State of Nation US Telephone No  |                | State of Residence<br>US |  |
| United States of America  |                    |            | Facsimile No.  |                |                          |  |
|   |                    |            | Teleprinter N  | 0.             |                          |  |
| 2. The International Bureau hereby notified the person the name   |                    |            | change has be<br>the nation  |                | oncerning: the residence |  |
| Name and Address PECK, Louise, W. 430 E. Lewis Street Moscow, ID 83843 United States of America   |                    |            | State of Nation US Telephone No  |                | State of Residence<br>US |  |
| office offices of America   |                    |            | Facsimile No.  | •              |                          |  |
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| 3. Further observations, if necessary:  |                    |            |  |                |                          |  |
| 4. A copy of this notification has been sen   | nt to:             | _          |  |                |                          |  |
| X the receiving Office  |                    |            | =  | ated Offices o |                          |  |
| the International Searching Author  X the International Preliminary Exam  | •                  | [          | the elected other:   | d Offices cond | erned                    |  |
|   |                    | Authorized | officer  |                |                          |  |
| The International Bureau of ∜<br>34, chemin des Colombett<br>1211 Geneva 20, Switzerla  | tes                |            | Sir  | min Baharlo    | ou                       |  |
| Facsimile No.: (41-22) 740.14.35  |                    | Telephone  | No.: (41-22) 33  | 8.83.38        |                          |  |

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### PATENT COOPERATION TREATY

### From the INTERNATIONAL BUREAU

### **PCT**

#### **NOTIFICATION OF ELECTION**

(PCT Rule 61.2)

Assistant Commissioner for Patents United States Patent and Trademark Office Box PCT

Washington, D.C.20231 ÉTATS-UNIS D'AMÉRIQUE

Date of mailing (day/month/year)
23 August 1999 (23.08.99)

International application No.
PCT/US98/26469

International filing date (day/month/year)
11 December 1998 (11.12.98)

Applicant
VANDEN HEUVEL, John, P. et al

| X in the demand filed with the International Preliminary Examining Authority on:  |
|---|
| 12 July 1999 (12.07.99)   |
| in a notice effecting later election filed with the International Bureau on:  |
| The election X was  |
| was not   |
| made before the expiration of 19 months from the priority date or, where Rule 32 applies, within the time limit under Rule 32.2(b). |
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The International Bureau of WIPO 34, chemin des Colombettes 1211 Geneva 20, Switzerland Authorized officer

R. Forax

Telephone No.: (41-22) 338.83.38

Facsimile No.: (41-22) 740.14.35

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#### For receiving Office use only PCT International Application No. REQUEST International Filing Date The undersigned requests that the present international application be processed Name of receiving Office and "PCT International Application" according to the Patent Cooperation Treaty. Applicant's or agent's file reference PUR997024344 (if desired) (12 characters maximum) TITLE OF INVENTION Box No. I METHODS AND COMPOSITIONS FOR TREATING DIABETES Box No. II APPLICANT Name and address: (Family name followed by given name: for a legal entity, full official designation. The address must include postal code and name of country. The country of the address indicated in this box is the applicant 's State (that is, country) of residence if no State This person is also inventor. of residence is indicated below.) Telephone No. PURDUE RESEARCH FOUNDATION 765-494-2610 Office of Technology Transfer Facsimile No. 1063 Hovde Hall West Lafayette, Indiana 47907 Teleprinter No. United States of America State (that is. country) of residence: State (that is, country) of nationality: US the States indicated in the Supplemental Box the United States all designated States except the United States of America all designated States This person is applicant X of America only for the purposes of: FURTHER APPLICANT(S) AND/OR (FURTHER) INVENTOR(S) Box No. III Name and address: (Family name followed by given name: for a legal entity, full official designation. The address must include postal code and name of country. The country of the address indicated in this Box is the applicant 's State (that is, country) of residence if no State This person is: of residence is indicated below.) applicant only THE PENN STATE RESEARCH FOUNDATION applicant and inventor 304 Old Main inventor only (If this check-box University Park, Pennsylvania 16802 is marked, do not fill in below.) United States of America State (that is. country) of residence: State (that is. country) of nationality: US US the United States

the States indicated in the Supplemental Box This person is applicant for the purposes of: all designated States all designated States except the United States of America of America only Further applicants and/or (further) inventors are indicated on a continuation sheet. AGENT OR COMMON REPRESENTATIVE; OR ADDRESS FOR CORRESPONDENCE Box No. IV The person identified below is hereby/has been appointed to act on behalf common representative X agent of the applicant(s) before the competent International Authorities as: Name and address: (Family name followed by given name: for a legal entity, full official designation. The address must include postal code and name of country.) Telephone No. 317-634-3456 GANDY, Kenneth A. WOODARD, EMHARDT, NAUGHTON, MORIARTY & MCNETT Facsimile No. Bank One Center/Tower, Suite 3700 317-637-7561 111 Monument Circle Teleprinter No. Indianapolis, Indiana 46204 810-341-3283 SEE CONTINUATION TO BOX NO. IV ON SHEET NO. 4 Address for correspondence: Mark this check-box where no agent or common representative is/has been appointed and the space above is used instead to indicate a special address to which correspondence should be sent. See Notes to the request form Form PCT/RO/101 (first sheet) (July 1998)

| Agent's | Ref: | PUR99702434 | 4 |
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Sheet No.

| Continuation f Box N . III FURTHER APPLICANT(S) AND/OR (FURTHER) INVENTOR(S)   |  |  |  |  |  |
|--|--|--|--|--|--|
| If none of the following sub-boxes is used,  | his sheet should not be included in the request.   |  |  |  |  |
| Name and address: (Family name followed by given name: for a designation. The address must include postal code and name of con address indicated in this Box is the applicant 's State (that is. country of residence is indicated below.)  VANDEN HEUVEL, John P.  101 James Hill Road  Port Matilda, Pennsylvania 16807  United States of America  | inirv. I ne country of the 1   |  |  |  |  |
| State (that is, country) of nationality:   | State (that is. country) of residence:   |  |  |  |  |
| US  This person is applicant all designated all designate  | US d States except   |  |  |  |  |
| for the purposes of:  all designated for the purposes of:  States  all designated the United S   | the United States except ates of America only the States indicated in the Supplemental Box                                 |  |  |  |  |
| Name and address: (Family name followed by given name: for a designation. The address must include postal code and name of cou address indicated in this Box is the applicant's State (that is. country of residence is indicated below.)  BELURY, Martha A. 181 Ivy Hill Drive West Lafayette, Indiana 47906 United States of America   | applicant only    X   applicant and inventor   inventor only (If this check-box is marked, do not fill in below.)          |  |  |  |  |
| State (that is, country) of nationality:  US   | State (that is, country) of residence:  US   |  |  |  |  |
| This person is applicant all designated all designated   | States except X the United States the States indicated in the Supplemental Box   |  |  |  |  |
| Name and address: (Family name followed by given name: for a legal entity: full official designation. The address must include postal code and name of country. The country of the address indicated in this Box is the applicant is State (that is. country) of residence if no State of residence is indicated below.)  PECK, Louise W.  3200 W. 450 North  West Lafayette, Indiana 47906  United States of America  This person is:  applicant only  X applicant and inventor  inventor only (If this check-bois marked, do not fill in below.) |  |  |  |  |  |
| State (that is, country) of nationality:   | State (that is, country) of residence:   |  |  |  |  |
| US   | US   |  |  |  |  |
| This person is applicant all designated for the purposes of:   | States except  |  |  |  |  |
| Name and address: (Family name followed by given name: for a l<br>designation. The address must include postal code and name of cour<br>address indicated in this Box is the applicant's State (that is, country,<br>of residence is indicated below.)   | This person is:  applicant only  applicant and inventor  inventor only (If this check-box is marked, do not fill in below) |  |  |  |  |
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| The f                  | follow   | ing designations are hereby made under Rule 4.9(a)  | mark i     | he ap | plicable check-boxes: at least one must be marked):     |  |  |  |
| Regi                   | Regional Patent  |   |            |       |   |  |  |  |
| Ø                      | AP   | ARIPO Patent: GH Ghana. GM Gambia. KE Kenya. LS Lesotho. MW Malawi. SD Sudan. SZ Swaziland. UG Uganda, ZW Zimbabwe, and any other State which is a Contracting State of the Harare Protocol and f the PCT   |            |       |   |  |  |  |
| Å                      | EA   | Eurasian Patent: AM Armenia. AZ Azerbaijan. BY Belarus. KG Kyrgyzstan. KZ Kazakhstan. MD Republic f Moldova. RU Russian Federation, TJ Tajikistan. TM Turkmenistan, and any other State which is a Contracting State of the Eurasian Patent Convention and of the PCT   |            |       |   |  |  |  |
| X                      | EP   | European Patent: AT Austria. BE Belgium. CH and LI Switzerland and Liechtenstein. CY Cyprus. DE Germany. DK Denmark, ES Spain. FI Finland, FR France. GB United Kingdom. GR Greece. IE Ireland. IT Italy, LU Luxembourg. MC Monaco, NL Netherlands. PT Portugal, SE Sweden, and any other State which is a Contracting State of the European Patent Convention and of the PCT |            |       |   |  |  |  |
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| XX                     |  | Albania   |            |       | Lesotho   |  |  |  |
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| <b>*27</b>             |  | Bosnia and Herzegovina  | XX         |       | Madagascar  |  |  |  |
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Precautionary Designation Statement: In additi n to the designations made above, the applicant also makes under Rule 4.9(b) all other designations which would be permitted under the PCT except any designation (s) indicated in the Supplemental Box as being excluded from the scope of this statement. The applicant declares that the se additional designations are subject to confirmation and that any designation which is not confirmed before the expiration f 15 months from the priority date is to be regarded as withdrawn by the applicant at the expiration of that time limit. (Confirmation of a designation consists of the filing of a notice specifying that designation and the payment of the designation and confirmation fees. Confirmation must reach the receiving Office within the 15-month time limit.)

### Supplemental Box If the Supplemental Box is not used, this sheet should not be included in the request.

- 1. If, in any of the Boxes, the space is insufficient to furnish all the information: in such case, write "Continuation of Box No..." [indicate the number of the Box] and furnish the information in the same manner as required according to the captions of the Box in which the space was insufficient, in particular:
- (i) if more than two persons are involved as applicants and/or inventors and no "continuation sheet" is available: in such case, write "Continuation of Box No. III" and indicate for each additional person the same type of information as required in Box No. III. The country of the address indicated in this Box is the applicant's State (that is, country) of residence if no State of residence is indicated below:
- (ii) if, in Box No. Il or in any of the sub-boxes of Box No. III, the indication "the States indicated in the Supplemental Box" is checked: in such case, write "Continuation of Box No. II" or "Continuation of Box No. III" or "Continuation of Boxes No. II and No. III" (as the case may be), indicate the name of the applicant(s) involved and, next to (each) such name, the State(s) (and/or, where applicable, ARIPO, Eurasian, European or OAPI patent) for the purposes of which the named person is applicant:
- (iii) if. in Box No. II or in any of the sub-boxes of Box No. III. the inventor or the inventor/applicant is not inventor for the purposes of all designated States or for the purposes of the United States of America: in such case, write "Continuation of Box No. II" or "Continuation of Box No. III" or "Continuation of Boxes No. II and No. III" (as the case may be), indicate the name of the inventor(s) and next to (each) such name, the State(s) (and/or, where applicable, ARIPO, Eurasian, European or OAPI patent) for the purposes of which the named person is inventor;
- (iv) if, in addition to the agent(s) indicated in Box No. IV, there are further agents: in such case, write "Continuation of Box No. IV" and indicate for each further agent the same type of information as required in Box No. IV;
- (v) if, in Box No. V, the name of any State (or OAPI) is accompanied by the indication "patent of addition," or "certificate of addition." or if, in Box No. V, the name of the United States of America is accompanied by an indication "continuation" or "continuation-in-part": in such case, write "Continuation of Box No. V" and the name of each State involved (or OAPI), and after the name of each such State (or OAPI), the number of the parent title or parent application and the date of grant of the parent title or filing of the parent application:
- (vi) if, in Box No. VI, there are more than three earlier applications whose priority is claimed: in such case, write "Continuation of Box No. VI" and indicate for each additional earlier application the same type of information as required in Box No. VI:
- (vii) if, in Box No. VI, the earlier application is an ARIPO application: in such case, write "Continuation of Box No. VI", specify the number of the item corresponding to that earlier application and indicate at least one country party to the Paris Convention for the Protection of Industrial Property for which that earlier application was filed.
- 2. If, with regard to the precautionary designation statement contained in Box No. V. the applicant wishes to exclude any State(s) from the scope of that statement: in such case, write "Designation(s) excluded from precautionary designation statement" and indicate the name or two-letter code of each State so excluded.
- 3. If the applicant claims, in respect of any designated Office, the benefits of provisions of the national law concerning non-prejudicial disclosures or exceptions to lack of novelty: in such case, write "Statement concerning non-prejudicial disclosures or exceptions to lack of novelty" and furnish that statement below.

### Continuation to Box No. IV Agent

WOODARD, Harold R.; EMHARDT, C. David; NAUGHTON, Joseph A., Jr.; MORIARTY, John V.; McNETT, John C.; HENRY, Thomas Q.; DURLACHER, James M.; REEVES, Charles R.; WAGNER, Vincent O.; ZLATOS, Steve; BEREVESKOS, Spiro; BAHRET, William F.; BROWNING, Clifford W.; FRISK, R. Randall; LUEDERS, Daniel J.; GANDY, Kenneth A.; THOMAS, Timothy N.; SISSELMAN, Kerry P.; JONES, Kurt N.; ALLIE, John H.; BANTA, Holiday W.; COLE, Troy J.; PAYNTER, L. Scott; LOWES, J. Andrew; MEYER, Charles J.; HARRIS, Darrin Wesley; SCHANTZ, Matthew R.; COY, Gregory B.; HIDAY, Lisa A.; DANILUCK, John V.; BROWN, Christopher A.; USHER, A.J., IV; MYERS, James B., Jr.; ROWE, James L. and STEVENS, Scott J., all of Woodard, Emhardt, Naughton, Moriarty & McNett, Bank One Center/Tower, Suite 3700, 111 Monument Circle, Indianapolis, Indiana 46204 United States of America

| Box No. VI PRIORITY C  | LAIM   |            |                            | Further pri           | ority claims are indicated             | in the Supplemental Box                                     |
|--|--|------------|----------------------------|-----------------------|--|---|
| Filing date of earlier application   | Number of earlier applicat                     | ion        |                            |                       | Where earlier applicat                 |   |
| (day/month/year)   | or carrier applicat                            |            |                            | ipplication:<br>intry | regional application:* regional Office | internati nal application receiving Office                  |
| item (1) (12.12.97)  |  | İ          |                            | US                    |  |   |
| 12 December 1997   | 60/069,56                                      | 7          |                            |                       |  |   |
| item (2)   |  |            |                            |                       |  |   |
|  |  |            |                            | <del></del>           |  | <u> </u>  |
| item (3)   |  |            |                            |                       |  |   |
| The receiving Office is req<br>of the earlier application(s<br>purposes of the present into                          | ) (only if the earlier o                       | applicat   | ion was fil                | led with the          | Office which for the                   | (1)   |
| Where the earlier application is a Convention for the Protection of In   | an ARIPO application.                          | it is man  | datory to in               | dicate in the S       | Supplemental Box at least of           | ne country party to the Part                                |
|  | NAL SEARCHING                                  |            |                            | neation was ju        | ieu (Kule 4.1010)(III). See S          | прриетения вох.   |
| Choice of International Search   | ing Authority (ISA)                            | Reque      | est to use r               |                       |  | o that search (if an earlied<br>tional Searching Authority) |
| competent to carry out the internal the Authority chosen; the two-lette  | nonal search, inaicale<br>r code may be used): | Date 16    | day/month/)                | ear)                  | Number (                               | Country for regional Office                                 |
| ISA / US   |  | 12 D       | ecembe                     | r 1997                | 60/069,567                             | US .  |
| Box No. VIII CHECK LIST  | : LANGUAGE OF I                                | FILING     | ;                          |                       |  | <del></del>   |
| This international application co  |  | itional a  | pplication                 | is accompan           | ied by the item(s) market              | d below:  |
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| description (excluding sequence listing part) :  | 28 3. □ copy                                   | of gene    | ral power                  | of attorney:          | reference number, if any:              |   |
| claims :   | 4 4. ☐ state                                   | ment ex    | plaining la                | ck of signatu         | ге                                     |   |
| abstract :   | / 5. prior                                     | ity docu   | ıment(s) id                | entified in B         | ox No. VI as item(s):                  |   |
| drawings :   | 10 6. 🗆 trans                                  | lation of  | f internatio               | nal application       | on into (language):                    |   |
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| Figure of the drawings which should accompany the abstract:  |  | Langu      | age of fili<br>itional app | ng of the             | English                                |   |
| Box No. IX SIGNATURE O   | F APPLICANT OR                                 | AGEN       | T                          |                       |  |   |
| Next to each signature, indicate the nam   | ne of the person signing an                    | nd the cap | acity in whic              | h the person sig      | ns (if such capacity is not obvi       | ous from reading the request).                              |
| Applicant(s):  |  |            |                            | ۸۵۵                   | ent: )                                 | ^ .   |
| PURDUE RESEARCH FOUN<br>THE PENN STATE RESEA<br>(VANDEN HEUVEL, John<br>(BELURY, Martha A.)                          | RCH FOUNDATION                                 | <b>1</b>   |                            |                       | Kennet                                 | Organoly  |
| (PECK, Louise W.)  |  |            |                            | (Ke                   | nneth A. GANDY)                        | /   |
|  |  | or receiv  | ving Office                | use only —            |  | T   |
| Date of actual receipt of the p international application:   |  |            |                            |                       |  | 2. Drawings:  |
| <ol> <li>Corrected date of actual receiptimely received papers or draw<br/>the purported international ap</li> </ol> | vings completing                               |            |                            |                       |  | received:   |
| Date of timely receipt of the recorrections under PCT Article  | equired<br>: 11(2):                            |            |                            | <u> </u>              |  | not received:   |
| 5. International Searching Autho (if two or more are competent)  | rity<br>:: ISA /                               |            | 6.                         |                       | of search copy delayed fee is paid.    |   |
| Date freceipt of the record c py<br>by the International Bureau:   |  | nternatio  | onal Burea                 | u use only =          |  |   |

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This sheet is not part of and does not count as a sheet of the international application.

| PCT  | For receiving Office use only   |
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| FEE CALCULATION SHEET  Annex to the Request  | International application No.   |
|  |   |
| Applicant's or agent's file reference PUR997024344   | Date stamp of the receiving Office                                    |
| Applicant PURDUE RESEARCH FOUNDATION, et al.   |   |
| CALCULATION OF PRESCRIBED FEES   |   |
| 1. TRANSMITTAL FEE   | 240 T   |
| 2. SEARCH FEE  | 700 s   |
| International search to be carried out by  (If two or more International Searching Authorities are competent in relation application, indicate the name of the Authority which is chosen to carry out the in-  | n to the international<br>uernational search.)                        |
| 3. INTERNATIONAL FEE   |   |
| Basic Fee The international application contains sheets.   |   |
| first 30 sheets  | b1  |
| $\frac{/8}{\text{remaining sheets}} \times \frac{10}{\text{additional amount}} = \frac{/80}{}$   | b2  |
|  | 635 B   |
| Add amounts entered at b1 and b2 and enter total at B  |   |
| Designation Fees The international application contains 78 designations.   |   |
|  | AX 1155 D   |
| number of designation fees amount of designation fee payable (maximum 11)  | _   |
| Add amounts entered at B and D and enter total at I (Applicants from certain States are entitled to a reduction of 75% of the international fee. Where the applicant is (or all applicants are) so entitled the total to be entered at I is 25% of the sum of the amounts entered at B and D | he he   |
| 4. FEE FOR PRIORITY DOCUMENT (if applicable)   | <u>15 P</u>   |
| 5. TOTAL FEES PAYABLE  | # 274500  |
| Add amounts entered at T. S. I and P. and enter total in the TOTAL b   | DOX TOTAL   |
| The designation fees are not paid at this time.  |   |
| MODE OF PAYMENT  |   |
| x authorization to charge deposit account (see below) bank draft   | coupons   |
| X cheque cash  | other (specify):  |
| postal money order revenue stamps  |   |
| DEPOSIT ACCOUNT AUTHORIZATION (this mode of payment m  | ary not be available at all receiving Offices)                        |
| The RO/ US is hereby authorized to charge the t tal fees   |   |
|  | ry or credit any overpayment in the total fees indicated ab ve to my  |
| <del></del> ·  | paration and transmittal of the priority document t the International |
| 23-3030 II Decamber 19   | 28 Louisty Constantin   |
| Deposit Account N . Date (day/month/year)  | Signature Kenneth A. GANDY, #33\\ 386                                 |

NAME OF SIGNER (typed)

| APPLICANT | Kenneth A. Gandy
| COMMON REPRESENTATIVE | SIGNATURE:
| I ATTORNEY (LAGENT) | #33,386 | REG NO \_\_\_\_\_\_ | #33,386 | CALLER OF SIGNATURE:
| I S Decertment of Commerces

# PATENT COOPERATION TREATY

# **PCT**

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# INTERNATIONAL PRELIMINARY EXAMINATION REPORT

(PCT Article 36 and Rule 70)

| Applicant's or agent's file reference PUR997024344  | FOR FURTHER ACT   | ER ACTION See Notification of Transmittal of Internat<br>Preliminary Examination Report (Form PCT/IPEA. |   |  |
|---|---|---|---|--|
| International application No.   | International filing date   | (day/month/year)  | Priority date (day/month/year)  |  |
| PCT/US98/26469  | 11 DECEMBER 1998  | 3   | 12 DECEMBER 1997  |  |
| International Patent Classification (IPC) i<br>IPC(6): A61K 31/22, 31/225 and US C  |   | nd IPC  |   |  |
| Applicant PURDUE RESEARCH FOUNDATION  |   |   | . • • • • • • • • • • • • • • • • • • •   |  |
| Examining Authority and is  2. This REPORT consists of a  This report is also accom   | transmitted to the applitude of sheets.  panied by ANNEXES, i.e basis for this report and | icant according to<br>e., sheets of the des<br>l/or sheets containi                                     | cription, claims and/or drawings which have ng rectifications made before this Authority. |  |
| These annexes consist of a to   | L   |   | ,   |  |
|   |   | ving items:   |   |  |
| 3. This report contains indications relating to the following items:  I X Basis of the report  II Priority  III Non-establishment of report with regard to novelty, inventive step or industrial applicability  IV Lack of unity of invention  V X Reasoned statement under Article 35(2) with regard to novelty, inventive step or industrial applicability citations and explanations supporting such statement  VI Certain documents cited  VII Certain defects in the international application  VIII Certain observations on the international application |   |   |   |  |
| Date of submission of the demand  |   | Date of completion  | on of this report   |  |
| 12 JULY 1999  |   | 13 JANUARY  | 7 2000  |  |
| Name and mailing address of the IPEA/ Commissioner of Patents and Trader Box PCT Washington, D.C. 20231 Facsimile No. (703) 305-3230  |   | Authorized officer THEOLORE Telephone No.   | (703) 308-1235  |  |
| Facsimile No. (703) 305-3230  Form PCT/IPEA/409 (cover sheet) (January)   | 1994)+  |   | (103) 300-1233  |  |

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| L Bas   | is of       | the report                                 |  |   |
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| This report has been drawn on the basis of (Substitute sheets which have been furnished to the receiving Office in response to an invitation under Article 14 are referred to in this report as "originally filed" and are not annexed to the report since they do not contain amendments): |             |  |  |   |
| under   |             |  |  | •   |
|   | X           | the internationa                           | l application as origir                | naily filed.  |
|   | X           | the description,                           |  | , as originally filed.  |
|   |             |  |  | , filed with the demand.  |
|   |             |  |  | , filed with the letter of  |
|   |             |  | pages                                  | , filed with the letter of  |
|   | X           | the claims,                                | Nos. <u>1-21</u>                       | _ , as originally filed.  |
|   |             |  | Nos. NONE                              | _ , as amended under Article 19.  |
|   |             |  | Nos. NONE                              | _ , filed with the demand.  |
|   |             | •  | Nos. NONE                              | _ , filed with the letter of  |
|   |             | •  | Nos                                    | , filed with the letter of  |
|   | x           | the drawings,                              | sheets <del>/fig</del> 1-10            | , as originally filed.  |
|   | لتنا        |  | sheets/fig NONE                        | , filed with the demand.  |
| *   |             | ţ.   | sheets/fig NONE                        | , filed with the letter of  |
|   |             |  | sheets/fig                             | , filed with the letter of  |
| 2. The a  | X<br>X<br>X | the description, the claims, the drawings, | pages NONE  Nos. NONE  sheets/fig NONE | ·   |
| 3.  | to g        | beyond the disclo                          | osure as filed, as indicated           | ) the amendments had not been made, since they have been considered d in the Supplemental Box Additional observations below (Rule 70.2(c)). |
|   |             | l observations, if                         | necessary:                             | •   |
| NONE  | <u>.</u>    |  |  |   |
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| citations and e  | •   |  | •  |  |
|--|---|--|--|--|
| STATEMENT  | •   | <b>~</b> .   | 6.01   | **   |
| Novelty (N)  | )   | Claims<br>Claims   | 5-21<br>1-4  | Y<br>N                                     |
|  | g v   | Claims   |  |  |
| Inventive S  | tep (IS)  | Claims   | NONE   | Y  |
|  |   | Claims   | 1-21   | N  |
| Industrial A   | applicability (IA)  | Claims   | 1-21   | Y  |
|  | TERES OF CONTRACTOR AND ACTOR AND ACTOR AND ACTOR AND ACTOR | Claims   | NONE   | N  |
| Claims 1-21 lack a   | an inventive step under PCT   | Article 33(3)  | as being obvious over Mendy or Bistrian et   | al. As stated abov                         |
| Claims 1-21 lack a each of the referent been motivated to 1-21 lack an inventional Claims 1-21 have industry.  Applicant's Response  | an inventive step under PCT ces cited teach the use of li use other linoleic acids to utive step under PCT Article industrial applicability as dense to Written Opinion filed oes notwish to make any and   | Article 33(3) inoleic acids ureat diabetes a 33(3).  Fined by PCT                        | as being obvious over Mendy or Bistrian et seful in the treatment of diabetes. The skille nd expect success in view of these teachings  Article 33(4) since these are useful in the ph | d artisan would ha<br>. Therefore, claim   |
| Claims 1-21 lack a each of the referent been motivated to 1-21 lack an inventional claims 1-21 have industry.  Applicant's Resport "Applicant dat this time" has been entered in | an inventive step under PCT ares cited teach the use of li- use other linoleic acids to use other linoleic acids to use the step under PCT Article industrial applicability as defined to Written Opinion filed ones notwish to make any and the file.  | Article 33(3) inoleic acids ureat diabetes a 33(3).  Fined by PCT                        | as being obvious over Mendy or Bistrian et seful in the treatment of diabetes. The skille nd expect success in view of these teachings  Article 33(4) since these are useful in the ph | d artisan would hav<br>. Therefore, claims |
| Claims 1-21 lack a each of the referent been motivated to 1-21 lack an invent Claims 1-21 have industry.  Applicant's Resport "Applicant dat this time" has been entered in NONE | an inventive step under PCT ces cited teach the use of li use other linoleic acids to utive step under PCT Article industrial applicability as dense to Written Opinion filed oes notwish to make any and   | Article 33(3) inoleic acids ureat diabetes a 33(3).  Fined by PCT  15 December mendments | as being obvious over Mendy or Bistrian et seful in the treatment of diabetes. The skille nd expect success in view of these teachings  Article 33(4) since these are useful in the ph | d artisan would ha<br>. Therefore, claim   |

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| Supplemental Box (To be used when the space in any of the preceding b  | oxes is not suff | icient) |          |
|--|------------------|---------|----------|
| C ntinuati n f: Boxes I - VIII   |                  |         | Sheet 10 |
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## PATENT COOPERATION TREATY

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From the INTERNATIONAL PRELIMINARY EXAMINING AUTHORITY

Woodard, Embardt, Naughton Moriarty & McNett

To: KENNETH A. GANDY
WOODARD, EMHARDT, NAUGHTON,
MORIARTY & MCNETT
BANK ONE CENTER/TOWER
SUITE 3700, 111 MONUMENT CIRCLE
INDIANAPOLIS, IN 46204

## **PCT**

NOTIFICATION OF TRANSMITTAL OF INTERNATIONAL PRELIMINARY EXAMINATION REPORT

(PCT Rule 71.1)

Date of Mailing (day/month/year)

**27** JAN 2000

Applicant's or agent's file reference

PUR997024344

IMPORTANT NOTIFICATION

International application No.

International filing date (day/month/year)

Priority Date (day/month/year)

PCT/US98/26469

**11 DECEMBER 1998** 

**12 DECEMBER 1997** 

Applicant

PURDUE RESEARCH FOUNDATION

- 1. The applicant is hereby notified that this International Preliminary Examining Authority transmits herewith the international preliminary examination report and its annexes, if any, established on the international application.
- 2. A copy of the report and its annexes, if any, is being transmitted to the International Bureau for communication to all the elected Offices.
- 3. Where required by any of the elected Offices, the International Bureau will prepare an English translation of the report (but not of any annexes) and will transmit such translation to those Offices.

### 4. REMINDER

The applicant must enter the national phase before each elected Office by performing certain acts (filing translations and paying national fees) within 30 months from the priority date (or later in some Offices)(Article 39(1))(see also the reminder sent by the International Bureau with Form PCT/IB/301).

Where a translation of the international application must be furnished to an elected Office, that translation must contain a translation of any annexes to the international preliminary examination report. It is the applicant's responsibility to prepare and furnish such translation directly to each elected Office concerned.

For further details on the applicable time limits and requirements of the elected Offices, see Volume II of the PCT Applicant's Guide.

Name and mailing address of the IPEA/US

Commissioner of Patents and Trademarks

Washington, D.C. 20231

Facsimile No. (703) 305-3230

Authorized offices

THEODORÉ J. CRIARES

Telephone No. (703) 308-1235

Form PCT/IPEA/416 (July 1992)\*

# PATENT COOPERATION TREATY

# **PCT**

## INTERNATIONAL PRELIMINARY EXAMINATION REPORT

(PCT Article 36 and Rule 70)

| Applicant's or agent's file reference PUR997024344  FOR FURTHER ACTION See Notification of Transmittal of Internation Preliminary Examination Report (Form PCT/IPEA/4)                    |  |                |   |  |  |
|---|--|----------------|---|--|--|
| International application No.   | International filing date (day/r   | nonth/year)    | Priority date (day/month/year)                |  |  |
| PCT/US98/26469  | 11 DECEMBER 1998   |                | 12 DECEMBER 1997                              |  |  |
| International Patent Classification (IPC) of IPC(6): A61K 31/22, 31/225 and US C  |  | С              |   |  |  |
| Applicant PURDUE RESEARCH FOUNDATION  |  |                |   |  |  |
| 1. This international preliminary examination report has been prepared by this International Preliminary Examining Authority and is transmitted to the applicant according to Article 36. |  |                |   |  |  |
| 2. This REPORT consists of a  | total of sheets.   |                |   |  |  |
| been amended and are the  | This report is also accompanied by ANNEXES, i.e., sheets of the description, claims and/or drawings which have been amended and are the basis for this report and/or sheets containing rectifications made before this Authority. (see Rule 70.16 and Section 607 of the Administrative Instructions under the PCT). |                |   |  |  |
| 3. This report contains indication  | s relating to the following i  | tems:          |   |  |  |
|   | _  |                | ·   |  |  |
|   | I X Basis of the report  |                |   |  |  |
| II Priority   |  |                |   |  |  |
| III Non-establishmen  | t of report with regard to no  | velty, invent  | ive step or industrial applicability          |  |  |
| IV Lack of unity of   | invention  |                |   |  |  |
| V X Reasoned statemen   |  |                | , inventive step or industrial applicability; |  |  |
| VI Certain documents  | cited  |                |   |  |  |
| VII Certain defects in the  | he international application   |                |   |  |  |
|   | ••   |                |   |  |  |
| VIII Certain observation:   | s on the international applicat  | ion            |   |  |  |
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| Date of submission of the demand  | Date   | of completion  | of this report                                |  |  |
| 12 JULY 1999  | 1  | 3 JANUARY :    | 2000  |  |  |
| Name and mailing address of the IPEA/L  |  | orized officer | 11 1 66 6                                     |  |  |
| Commissioner of Patents and Tradem<br>Box PCT   | arks T   | MECONORE       | CRIARES SEAN                                  |  |  |
| Washington, D.C. 20231  | `  | - No. 2015     | $\wedge$                                      |  |  |
| Facsimile No. (703) 305-3230  |  | phone No. (7   | 703) 308-1235                                 |  |  |

| L Basis           | of the report  |  | •  |
|-------------------|--|--|--|
| 1. This repor     | t has been drawn on the<br>ticle 14 are referred to in | basis of (Substitute sheets v<br>this report as "originally file | which have been furnished to the receiving Office in response to an invitation<br>ed" and are not annexed to the report since they do not contain amendments): |
| _                 |  | al application as origin   |  |
| F                 | X the description,                                     | pages 1-29   | , as originally filed.   |
| _                 |  | pages NONE   | , filed with the demand.   |
|                   |  | pages NONE   | , filed with the letter of   |
|                   |  | pages  | , filed with the letter of   |
|                   | X the claims,  | Nos. <u>1-21</u>   | _ , as originally filed.   |
|                   | The tare theretoe accord                               |  | _ , as amended under Article 19.   |
|                   | •  |  | _ , filed with the demand.   |
|                   | ·  |  | _ , filed with the letter of   |
|                   | •  | Nos  | _ , filed with the letter of   |
| Г                 | x the drawings,  | sheets <del>/fig</del> 1-10                                      | , as originally filed.   |
| _                 | <b></b>  | sheets <del>/fig</del> NONE                                      | , filed with the demand.   |
|                   | :  | sheets/fig NONE  | , filed with the letter of   |
|                   |  | sheets <del>/fig</del>   | , filed with the letter of   |
|                   | x the claims,  | Nos. NONE  Nos. NONE  sheets/fig NONE                            | ·  |
| 3.                | This report has been e<br>to go beyond the discle      | stablished as if (some of osure as filed, as indicate            | ) the amendments had not been made, since they have been considered d in the Supplemental Box Additional observations below (Rule 70.2(c)).                    |
| 4. Additi<br>NONE | onal observations, is                                  | f necessary:   |  |
| NONE              |  |  |  |
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International application No.

PCT/US98/26469

| citations and explanations supporting   | g such statem   | en <b>t</b>  |                     |
|---|---|--|---------------------|
| STATEMENT .   |   |  |                     |
| Novelty (N)   | Claims  | 5-21   | YI                  |
| or agent on a seed  | Claims  | 1-4  | _ NO                |
|   |   |  |                     |
| Inventive Step (IS)   | Claims  | NONE   | YI                  |
|   | Claims  | 1-21   | _ NO                |
| Industrial Applicability (IA)   | Claims  | 1-21   | ΥI                  |
| moustrial Applicationity (IA)   | Claims  | NONE   | NO                  |
| CITATIONS AND EXPLANATIO  | NS  |  |                     |
| It is deemed that these teachings establish claims 1-21 lack an inventive step under PC   | aims 1–4 lack n   | 0 teach the use of linoleic acids to treat diabetes.  Divelty under PCT Article 33(2).  . as being obvious over Mendy or Bistrian et al. As stated   | <b>1</b> - <b>1</b> |
| been motivated to use other linoleic acids to<br>1-21 lack an inventive step under PCT Articl   | treat diabetes and a 33(3).  defined by PCT  d 15 December            | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical                | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion file "Applicant does notwish to make any a at this time" has been entered in the file.                       | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical                | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion filed "Applicant does notwish to make any a at this time" has been entered in the file.  NEW CITATIONS  NONE | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical                | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion filed "Applicant does notwish to make any a at this time" has been entered in the file.  NEW CITATIONS  NONE | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical                | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion filed "Applicant does notwish to make any a at this time" has been entered in the file.  NEW CITATIONS  NONE | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical  1999 stating: | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion filed "Applicant does notwish to make any a at this time" has been entered in the file.  NEW CITATIONS  NONE | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical                | ıld hav<br>claims   |
| been motivated to use other linoleic acids to 1-21 lack an inventive step under PCT Articl Claims 1-21 have industrial applicability as d industry.  Applicant's Response to Written Opinion filed "Applicant does notwish to make any a at this time" has been entered in the file.  NEW CITATIONS  NONE | treat diabetes and a 33(3).  defined by PCT  d 15 December amendments | seful in the treatment of diabetes. The skilled artisan wound expect success in view of these teachings. Therefore,  Article 33(4) since these are useful in the pharmaceutical  1999 stating: | ıld hav<br>claims   |
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| Supplemental Box (To be used when the space in any of the preceding boxes is not sufficient) |                |   |  |          |
|--|----------------|---|--|----------|
| Continuation of:   | Boxes I - VIII |   |  | Sheet 10 |
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### INTERNATIONAL SEARCH REPORT

| A. CLASSIFICATION OF SUBJECT MATTER IPC(6) :A61K 31/22, 31/225 US CL :514/546, 547  |   |  |  |  |
|---|---|--|--|--|
| According to International Patent Classification (IPC) or to both   | national classification and IPC   |  |  |  |
| B. FIELDS SEARCHED  |   |  |  |  |
| Minimum documentation searched (classification system followed by classification symbols)   |   |  |  |  |
| U.S. : 514/546, 547   |   |  |  |  |
| Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched   |   |  |  |  |
| Electronic data base consulted during the international search (r   | name of data base and, where practicable, search terms used)  |  |  |  |
| APS search terms: linoleic and diabetes   |   |  |  |  |
| C. DOCUMENTS CONSIDERED TO BE RELEVANT  |   |  |  |  |
| Category* Citation of document, with indication, where a  | ppropriate, of the relevant passages Relevant to claim No.  |  |  |  |
| Y US 4,407,821 A (MENDY) 04 Octob column 6, line 58.  | per 1983, column 1, line 6 to 1-21  |  |  |  |
| ·   | US 4,871,768 A (BISTRIAN et al.) 03 October 1989, column 1-21 Column 3, line 64 to column 4, line 40.   |  |  |  |
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| Further documents are listed in the continuation of Box   |   |  |  |  |
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(54) Title: METHODS AND COMPOSITIONS FOR TREATING DIABETES

### (57) Abstract

Methods of treating diabetes in an animal and food compositions useful for treating diabetes are described. In one aspect of the invention, the method includes treating the animal with a therapeutically effective amount of CLA including 9,11-octadecadienoic acid and 10,12-octadecadienoic acid, isomers thereof, esters thereof, salts thereof or mixtures thereof. In another aspect of the invention, a food composition comprising a food product having a therapeutically effective amount of a purified CLA isomer, including cis,cis-9,11-octadecadienoic acid, trans,cis-10,12-octadecadienoic acid or a mixture of purified cis,trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid is described.

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# METHODS AND COMPOSITIONS FOR TREATING DIABETES

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# CROSS-REFERENCE TO RELATED APPLICATIONS

The present application claims the benefit of U.S. Provisional Patent Application Serial Number 60/069,567, filed on December 12, 1997, which is hereby incorporated by reference in its entirety.

### BACKGROUND OF THE INVENTION

The present invention relates generally to methods of treating diabetes. Specifically, the invention relates to methods of treating diabetes in an animal by administering a therapeutically effective amount of conjugated linoleic acid (CLA). The invention further relates to food compositions including a food product having a therapeutically effective amount of a purified isomer of CLA, such as purified cis,cis-9,ll-octadecadienoic acid, purified trans,cis-10,l2-octadecadienoic acid or a mixture of purified cis,trans-9,ll-octadecadienoic acid and trans,cis-9,ll-octadecadienoic acid.

Diabetes is one of the most common metabolic millions hundreds of affects diseases and individuals worldwide. There are two forms of diabetes mellitus: Type 1 (insulin-dependent) and Type II (noninsulin-dependent). The disease can lead to serious hyperglycemia, including complications, microangiopathy, neuropathy, macroangiopathy, retinopathy. Methods of treating nephropathy and diabetes have included administration of insulin in the

case of Type I diabetes and administration of various hypoglycemic agents in the case of Type II diabetes. Many of the known hypoglycemic agents exhibit undesirable side effects and are toxic in certain cases. Accordingly, there is a need for additional methods and compositions for treating diabetes. The present invention addresses this need.

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### SUMMARY OF THE INVENTION

It has been discovered that administration of CLA is advantageous in the treatment of diabetes mellitus. Accordingly, one preferred embodiment of the invention provides a method of treating diabetes including administering to an animal a therapeutically effective amount of CLA.

In a further aspect of the invention, it has been discovered that purified isomers of CLA can be used to advantage in the treatment of diabetes in animals. The methods involving the invention thus provides administration of purified CLA isomers to animals, alone or in predetermined admixtures, and food or administerable unit dosage forms (e.g., tablets, pills, etc.) containing such isomers or mixtures. particular, a food composition is provided that includes a food product having a therapeutically effective amount of a purified isomer of CLA, such as trans, cis-10, 12acid, cis.cis-9,11-octadienoic purified a mixture of octadecadienoic acid or cis, trans-9,11-octadecadienoic acid and trans, cis-9,11octadecadienoic acid.

Other features of the invention involve novel methods for modulating (e.g. increasing) the level of expression of certain genes, e.g. genes involved in regulating the expression of lipid metabolism enzymes and/or in regulating adipocyte differentiation, as illustrated in the Examples herein. The methods include administering to an animal an effective amount of CLA to modulate the gene expression.

It is an object of the invention to provide methods of treating an animal with diabetes by administering CLA.

It is a further object of the invention to provide food compositions that may advantageously be used for the treatment of diabetes mellitus.

These and other objects and advantages of the present invention will be apparent from the descriptions herein.

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### BRIEF DESCRIPTION OF THE FIGURES

FIG. 1 shows the mechanism of action of peroxisome proliferators.

FIG. 2 depicts the biological effects of peroxisome-proliferator activated receptor (PPAR) activation by CLA.

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FIG. 3 depicts graphs of the amount of chloramphenical acetyltranferase produced as a percent of control versus the concentration of CLA and 100  $\mu$ M of WY 14,643 with different PPAR subtypes. Left panel, PPAR $\alpha$ ; Middle panel, PPAR $\beta$ ; Right panel, PPAR $\gamma$ .

FIG. 4 represents bar graphs showing the extent that various CLA isomers activate the 3 different PPAR subtypes. All chemicals were given at 100  $\mu M$  in dimethylsulfoxide (DMSC). Positive controls for PPAR $\alpha$ 2-[4-[2-[(4-PPARβ (Bezafibrate; 14,643), chlorobenzoyl)amino]-ethyl]phenoxy]-2-methylpropanoic and PPARy (Troglitazone) are shown for acid]) The furan used was 8-(5-hexyl-2-furyl)comparison. octanoic acid which is an oxidation product of CLA. Data depicts the average of two experiments.

FIG. 5 represents bar graphs showing the extent that CLA and various CLA isomers activate full length PPAR $\alpha$ . Panel A: shows activation of full length mouse PPAR $\alpha$  by CLA. Transfected cells were treated for six hours with increasing concentrations of a CLA mixture (0 µM, 5 µM, 10 µM, 50 µM, 100 µM, 150 µM or 200 µM). Asterisks denote values that are significantly different from DMSO treated cells (p<0.05, n = 3); Panel B: shows activation of full length mPPAR $\alpha$  by

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different geometric isomers of CLA. Transfected cells were treated for six hours with 100  $\mu M$  of each of the activators shown. Different letters denote significant differences (p < 0.05, n=3).

FIG. 6 represents a bar graph showing the extent that CLA and various CLA isomers activate full length mouse PPAR $\beta$ . Transfected cells were treated with 100  $\mu$ M of the indicated compounds. Asterisks denote significant differences (p<0.01, n=3).

FIG. 7 represents a par graph showing the extent that CLA and various CLA isomers activate full length mouse PPARy. Transfected cells were treated for six hours with 100  $\mu$ M of the indicated compounds. Asterisks denote significant differences (p<0.05, n=3).

FIG. 8 depicts a bar graph showing the effects of markers of differentiation in 3T3-L1 CLA on preadipocytes. Mouse preadipoctye cells were treated at confluence for 48 hours with induction media which contains the indicated concentrations of CLA, 100  $\mu M$  Wy 14,643 (Wy) or vehicle (DMSO). Induction media with to the subsequently added cells. insulin was RT-PCR was performed using internal Quantitative The data standards specific for each gene. expressed as the average of three samples as a percent DMSO treated cells correcting for β -actin expression.

FIG. 9 depicts a bar graph showing the effects of CLA and troglitazone (TZD) on tissue-specific gene expression. ACO and mAP2 were quantitated by RT-PCR. Asterisks denote a statistically significant difference from the rats fed the control diet (P < 0.05).

FIG. 10 represents graphs showing the effect of dietary CLA on glucose tolerance. Zucker lean (Panel A) or fa/fa (obese, Panel B) rats were fed experimental diets for 14 days and glucose tolerance was measured.

5 Values represent mean glucose (mg/dl) ± S.D. (n = 4 lean rats or 8 fa/fa rats).

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#### DESCRIPTION OF THE PREFERRED EMBODIMENTS

For the purposes of promoting an understanding of the principles of the invention, reference will now be made to preferred embodiments and specific language Ιt used describe the same. will to nevertheless be understood that no limitation of the thereby intended, scope of the invention is alterations and further modifications of the invention, and such further applications of the principles of the invention as illustrated herein, being contemplated as would normally occur to one skilled in the art to which the invention relates.

The present invention provides methods of treating diabetes and compositions useful in treating diabetes. In one aspect of the invention diabetes is treated in an animal by administering a therapeutically effective amount of CLA. Administration of CLA advantageously normalizes glucose tolerance in diabetic animals as well as reduces plasma insulin, triglyceride and free fatty acid levels. Although the method is advantageous in treating Type II (non-insulin-dependent) diabetes mellitus, it may also be used to treat Type I (insulindependent) diabetes mellitus in conjunction with other treatments therefor as known in the art. In yet methods aspect of the invention, and another compositions are provided which involve the use of purified mixtures of CLA. purified CLA isomers or The compositions may include, and the methods isomers. may involve the use of, a therapeutically effective amount of purified cis, cis-9, 11-octadecadienoic acid,

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purified trans, cis-10, 12-octadecadienoic acid, a mixture of purified cis, trans-9, 11-octadecadienoic acid and trans, cis-9, 11-octadecadienoic acid, or another purified isomer of CLA.

In a first aspect of the invention, a method of is provided animal treating diabetes in an includes administering to the animal a therapeutically effective amount of CLA, including salts thereof, esters thereof (including, for example, monoglycerides, diglycerides and triglycerides) active isomers thereof CLA refers to a group of and mixtures thereof. positional and geometric isomers of linoleic acid (cis,cis-9,12-octadecadienoic acid). The positional isomers include isomers having double bonds at either carbon atoms 9 and 11 or carbon atoms 10 and 12 whereas the geometric isomers include isomers having the cis Thus, there are several and/or trans configuration. possible isomers of CLA, including, but not limited to: acid; cis,trans-9,11cis, cis-9,11-octadecadienoic octadecadienoic acid; trans, cis-9, 11-octadecadienoic acid; trans,trans-9,11-octadecadienoic acid; cis,ciscis, trans-10, 12-10,12-octadecadienoic acid; octadecadienoic acid; trans, cis-10, 12-octadecadienoic acid; and trans, trans-10, 12-octadecadienoic acid. The cis,trans-9,11 and trans,cis-9,11 isomers have not yet been isolated independently from each other and the the term cis, trans-9,11literature loosely uses octadecadienoic acid to refer to both the cis, trans-9,11 and the trans,cis-9,11 isomers.

The CLA utilized in the present invention may be prepared using techniques known to the art and

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literature or may be obtained as a commercial product. CLA may be obtained commercially, for example, from companies such as Pharmanutrients, Inc., Lake Bluff, IL; NuChek Prep, Elysian MN; and Peak Nutrition, Syracuse, NE. However, the CLA sold by NuCheck Prep is preferred. The relative proportions of the isomers may vary in the commercially available CLA. The commercial composition may also include other fatty acids such as linoleic acid as well as other lipids such as straight chain hydrocarbons having polar end groups. example, the CLA mixture may include other fatty acids art, saturated or unsaturated, known the breakdown products of CLA. The commercial composition may also include antioxidants such as vitamin butylated hydroxyanisole (BHA) or butylated hydroxytoluene (BHT). CLA may also be synthesized by methods known in the art. For example, CLA may be synthesized from isomerization of linoleic utilizing, for example, a radical-generating species and a protein rich in sulfur residues as known in the art and as described in Dormandy TL, Wickens DG, Chem. Lipids 45:353-64 (1987) which is hereby ' Phys. incorporated by reference in it entirety. As another example, CLA may be synthesized from either linoleic acid or safflower oil by heating the linoleic acid or safflower oil in an inert atmosphere with subsequent acidification and extractions as described in U.S. Patent No. 5,670,082 to Cook et al. which is hereby incorporated by reference in its entirety. Moreover, specific isomers of CLA, such as the trans, trans 9-11, the cis, cis-9,11 isomer, the cis, trans-9,11

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combination with the trans, cis-9,11 isomer) and the cis, trans-10,12 isomers can be currently synthesized in pure form by methods known in the art. The salts of CLA are those known in the art, including the sodium and potassium salts.

Linoleic acid used to synthesize CLA, or other fatty acids included in the mixture, may be obtained from plant sources, including soybean, cottonseed, and palm oils. corn, sunflower, safflower, canola safflower oil are corn, sunflower and Soybean, particularly rich in linoleic acid. Linoleic acid may also be obtained from hydrolysis of triglycerides isolated from plant sources by methods known in the For example, triglycerides may be obtained from plant sources by solvent extraction of plant biomass Subsequent additional using aliphatic solvents. may involve distillation, fractional purification bleaching and crystallization, degumming, The triglycerides may be hydrogenated as stripping. The triglycerides may then be hydrolyzed needed. either by enzymatic (e.g., use of lipase) or chemical methods (e.g., by alkaline hydrolysis) known in the Linoleic acid may also be synthesized from petrochemical fatty alcohols. Alternatively, free fatty acids and triglycerides may be obtained from commercial sources, including Cargill, Archer Daniel Midlands and Central Soya.

CLA may also be found in ruminant meats, pasteurized dairy products and processed cheeses. Moreover, the amount of CLA in dairy products may be increased by methods known in the art. For example,

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the amount of CLA in cow's milk may be increased by feeding to a lactating cow a diet either solely of grass or one which contains about 1% to about 5% by weight of a vegetable oil containing linoleic acid or linolenic acid as described in U.S. 5,770,247 to Satter et al. which is hereby incorporated by reference in its entirety. CLA may also be obtained by enzymatic conversion of linoleic acid as known in For example, CLA may be prepared utilizing the enzyme  $W^{+}$ -cis,  $W^{+}$ -transisomerase. The enzyme may be obtained, for example, from rumen bacteria, such as Butvrivibrio fibrisolvens. Harmless microorganisms in the intestinal tracts of rats and other monogastric animals may also convert linoleic acid to CLA as described in Chin, SF et al., FASEB J, 6 (1992).

CLA may be administered in various forms. example, CLA may be administered in tablet form, solution or emulsion, or in a capsule. CLA may also be mixed with a pharmaceutically acceptable carrier. tablet form, a solid carrier may include, for example, dextrin, starch, carboxymethyl cellulose, calcium carbonate, synthetic or calcium phosphate, natural calcium silicate, magnesium oxide, dry aluminum hydroxide, magnesium stearate, sodium bicarbonate, dry In solution, yeast or a combination thereof. the carrier may be an oil but is preferably sterile water solution for parenteral or а sterile saline administration. CLA may also be administered in forms in which other drugs known in the art are administered.

CLA may be administered in a variety of ways. For example, CLA may be administered parenterally, such as

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orally, intravenously, rectally, as well as intraperitoneally.

In another feature of the invention, it has been isomers have certain CLA that activity. Accordingly, in yet another aspect of the invention, purified CLA isomers may be administered to animals in need thereof and may be added to a food product to form a food composition. The CLA isomers may be added to a food product in any form, such as a powder or in an oil such as corn oil either alone or with another oil, such as coconut oil. One preferred food composition includes CLA predominantly (i.e., greater than 50%) comprised of a mixture of purified cis, trans-9, 11-octadecadienoic acid and trans, cis-9, 11-Another beneficial acid. octadecadienoic predominantly mixture composition may include a comprised of cis,cis-9,11-octadecadienoic acid In a further trans, cis-10,12-octadecadienoic acid. preferred embodiment, the food composition may include a mixture of purified cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid. regard, the term "purified" as used herein to refer to a particular CLA isomer or mixture of isomers means a CLA composition containing no more than about 10% by weight of CLA isomers other than those specified. Preferably, the identified isomer or mixture will contain no more than about 5% by weight and more preferably no more than about 3% by weight of the other In yet other aspects of the invention, CLA isomers. the food composition may include purified cis, cis-9,11octadecadienoic acid, or other purified CLA isomers,

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including trans, cis-10, 12-octadecadienoic acid. further embodiments, the food composition may include a purified mixture of CLA. For example, CLA may be purified to different extents to produce a purified mixture of CLA including less than all of the CLA The purified CLA isomers may be included in any food product, including, for example, cereals, dairy products, cheeses and other eggs, flour or bran-based vegetables, breads and other The CLA isomers may products, and confection products. also be added to any consumable liquid but may require various emulsifying agents for dissolution.

The therapeutically effective amount administered will have a beneficial effect on an animal with diabetes. For example, the therapeutically effective amount is desirably sufficient to normalize glucose Normalization of tolerance in a diabetic animal. glucose tolerance can be determined, for example, by a glucose tolerance test as known in the art and as described in the examples below. Moreover, the amount of CLA administered will also preferably be sufficient to reduce blood levels of insulin and/or to reduce the level of circulating free fatty acids or triglycerides. The blood levels of insulin, free fatty acids, and triglycerides are desirably reduced by at least about 5%, more preferably by at least about 20%, and further most preferably by at least about 50%. The amount of CLA administered to an animal with diabetes will vary depending on the age of the animal, the general health the animal and the severity of their diabetic condition. However, it is expected that an animal

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being treated for diabetes will usually receive at least about 1 mg CLA/kg body weight/day up to the highest level which is not toxic to the animal. Typically, an animal may receive about 1 mg CLA/kg body CLA/kg 10,000 mg about weight/day up to weight/day. However, it is expected that relatively low doses of CLA will be sufficient, for instance, falling in the range of about 1 mg CLA/kg body weight/day to about 150 mg CLA/kg body weight/day and more desirably about 10 mg CLA/kg body weight/day to about 50 mg CLA/kg body weight/day. Furthermore, when the CLA is included in a food product, it is advantageous to include an amount of CLA per serving of food product that will provide the preferred amounts of CLA/kg body weight/day discussed above.

In yet another feature of the invention, CLA may be administered to an animal in a composition that releases CLA internally, for example, in the form of an ester of CLA, preferably a triglyceride. In a further preferred embodiment, the triglyceride includes at least one CLA residue in the form of an ester with glycerol and may have other unsaturated or saturated fatty acid residues, but preferably the unsaturated fatty acid linoleic acid. In a more preferred aspect, the triglyceride includes three CLA residues in the form of an ester with glycerol. The CLA residues are preferably the most active isomers of CLA, such as the isomer or and trans,cis-9,11 cis, trans-9,11 cis, cis-9,11 isomer, but may include any of the other isomers. Upon ingestion, the CLA residues may be released in the stomach of the animal by enzymatic

example, the action of hydrolysis through, for The triglycerides may be purified from plant lipase. described above, may be purchased sources as commercially or may be synthesized from glycerol and the respective fatty acids by methods known in the art. therapeutically effective amount that is administered will be dependent on at least the factors The amount of triglyceride that is discussed above. administered may be that which provides the amount of The amount of triglyceride specified above. required to achieve a specific dose will depend on the or residues comprising CLA esters of easily calculated triglyceride and can be The triglyceride skilled may in the art. administered in similar forms as described above for CLA.

CLA may be administered to an animal with diabetes, including warm-blooded vertebrates such as mammals. The list of mammals includes, for example, humans.

Reference will now be made to specific examples illustrating the compositions and methods above. It is to be understood that the examples are provided to illustrate preferred embodiments and that no limitation to the scope of the invention is intended thereby. Data from the studies below were analyzed by ANOVA (General Linear Model, LSD) using Statistical Analysis System (SAS; Cary, NC) or StatView for the Macintosh (Abacus Concepts, Berkeley, CA).

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#### EXAMPLE 1

# Activation of Peroxisome Proliferator-Activated Receptor (PPAR) by CLA

In this example, CLA is shown to be involved in the activation of several PPAR subtypes. PPAR, intracellular protein receptor, is a member of the steroid hormone superfamily that may be important in regulating the expression of lipid metabolism enzymes growth effect on cell have an and may differentiation. Three subtypes of PPAR ( $\alpha$ ,  $\beta$  and  $\gamma$ ) have been identified in several species, including PPARy is thought to be involved in the antidiabetic and glucose lowering activity of groups of fibrate thiazolidinediones and known as drugs by activated PPAR can be hypolipidemic drugs. peroxisome proliferators, thiazolidinediones and fatty peroxisome action of mechanism of The acids. proliferators is depicted in FIG. 1 and the effects of the activators of FPAR subtypes is shown in Table 1.

Table 1. Activators of PPAR subtynes and their effects.

| Table 1. Activators o    | I PPAK SU |       |       |  |
|--------------------------|-----------|-------|-------|--|
| Drug/Chemical<br>Group   | PPARa     | PPARB | PPARy | Chinical Use or effects  |
| Peroxisome proliferators | ++++      | +-    | +++   | Hypolipidemia, possible antidiabetic, hepatic peroxisome proliferation, adipocyte differentiation  |
| Long-chain fatty         | +++       | ÷     | ++    | Hypolipidemia, hepatic peroxisome proliferation, adipocyte differentiation   |
| Thiazolidinediones       | -         | -     | ++++  | Antidiabetic, adipocyte differentiation, decreased insulin resistance, decreased blood glucose levels                                    |
| CLA                      | +++       | -     | ++    | Anti-cancer effects. anti-atherogenic effects, hypolipidemia, hepatic peroxisome proliferation. Antidiabetic as shown in this disclosure |

COS-1 cells (American Type Culture Collection) were maintained in  $\alpha\text{-minimal}$  essential media (Sigma)

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supplemented with 8% fetal calf serum (Gibco BRL), 0.2 mg/ml streptomycin and 200 U/ml penicillin. The pSG5-GAL4-PPAR chimera expression constructs, containing the ligand binding domain of mouse PPAR $\alpha$ ,  $\beta$  or  $\gamma$ , as well as the (UAS)5-tk-CAT reporter construct were kindly (Glaxo Kliewer Steven A. provided by Institute). At 75-90% confluence, COS-1 cells were cotransfected with GAL4-PPAR, (UAS)<sub>5</sub>- $\tau k$ -CAT, and pSV- $\beta$ Gal (Promega) as described in Lehmann, J.M. 270, 12953-12956 (1995). Twenty-four J.Biol.Chem. hours after transfection, the cells were treated with the indicated amounts of CLA, or a single 100  $\mu M$  dose . of 4-chloro-6-(2,3-xylindino)-2-pyrimidinylthio)-acetic acid (Wy 14,643; a hypolipidemic drug known peroxisome proliferator). After 6 hours of treatment, and chloramphenicol the cells were harvested acetyltransferase levels were assessed by ELISA (Gibco the manufacturer's instructions. according to BRL) Data is expressed relative to  $\beta$ -calactosidase activity. experiment was obtained from a used in this NuChek Prep, commercially available mixture from The mixture contained about 41.23 Elysian MN. a composition including cis, trans-9,11of weight octadecadienoic acid and trans, cis-9, 11-octadecadienoic weight trans, cis-10, 12-443 by acid, about about 9.4% by weight cis, cisoctadecadienoic acid, 10,12-octadecadienoic acid, about 1.3% by weight of a composition including trans, trans-9,11-octadecadienoic acid and trans, trans-10,12-octadecadienoic acid, about 1.1% by weight cis, cis-9, 11-octadecadienoic acid, about 30

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0.7% by weight linoleic acid and about 2.2% of other lipids as mentioned above.

FIG. 2 shows that all subtypes of PPAR studied were activated by CLA. PPARα was activated to a greater extent than either PPARβ or PPARγ. However, PPARβ and PPARγ were activated a significant amount (approximately 2-fold more than the control value). The activation of PPARα by the commercially available mixture is believed to be the result of the cis,trans-9,11-octadecadienoic acid isomer as discussed in Example 2. Moreover, the biological effects of PPAR activation by CLA will depend on the tissue and the predominant PPAR subtype being examined as shown in FIG. 3.

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#### EXAMPLE 2

### Activation of PPAR Subtypes by CLA Isomers

In this example, certain PPAR subtypes are shown to be activated by CLA isomers. The same experimental procedure as described in Example 1 was carried out to generate the data shown in FIG. 4. However, a 100  $\mu\text{M}$  concentration of selected isomers of CLA were also utilized in the transfection assay to determine whether specific isomers of CLA could activate any of the PPAR subtypes.

The data in FIGS. 5-7 was generated utilizing constructs including full length mouse PPARa, PPARB or PPARy and a luciferase reporter gene. The CV-1 cell line (African green monkey kidney cells) used was obtained from American Type Culture Collection (#CCL-70). The cells were grown in Eagle minimal essential

medium containing 10% fetal bovine serum (GIBCO). each transfection involving PPARα, 625 ng pcDNA3-PPARα expression vector was used along with 250 ng of psV-GL-2-PPRE-luciferase reporter plasmid and 250 ng of pSV- $\beta$ galactosidase internal control plasmid. For each 5 transfection involving PPAR $\beta$  or PPAR $\gamma$ , either 625 ng pSG5-mouse-PPAR\$ or 625 ng pSG5-mouse-PPARy was used along with 250 ng of the psV-GL2-PPRE-luciferase reporter plasmid and 250 ng of pSV- $\beta$ -galactosidase internal control plasmid. Cells were transfected using 10 Lipofect AMINE™ reagent (GIBCO) and phenol red-free, serum free medium (OptiMEM®I, GIBCO Life Technologies, Seven hours post-transfection, NY). Grand Island, charcoal stripped serum (Cocalico Biologicals, Reamstown, PA) was added to the media (10% final 15 concentration) for an overnight incubation (16 hours). Transfected cells were treated for six hours with various doses or 100  $\mu M$  of CLA, the 92,11E (cis,trans-9,11) isomer(97% purity), the 9E,11E (trans,trans-9,11) (98% purity), the 10E,12Z (trans,cis-10,12) 20 isomer isomer or the other indicated activators. Luciferase and β-galactosidase activities were assayed on cell manufacturer's protocols lysates following the The data were quantified (Promega, Madison, WI). activity luciferase/β-galactosidase .25 relative to expressed as a ratio to vehicle-treated cells (0.1% EMSO).

FIG. 4 shows that all of the isomers examined activated all of the PPAR subtypes. However, the 9Z11Z (cis,cis-9,11) and 9Z11E (cis,trans-9,11) isomers activated PPAR $\alpha$  and PPAR $\beta$  more than the CLA mixture and

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the 9EllE (trans,trans-9,11) isomer only activated PPAR\$ more than CLA mixture alone. None of the isomers activated PPAR\$ more than the CLA mixture. Moreover, in a similar study, human PPAR\$ was also activated by CLA (data not shown), showing that the molecular events underpinning the present invention are also occurring in humans.

The data shown in FIGS. 5-7 show that all of the CLA isomers tested, including the trans, cis-10,12-octadecadienoic acid isomer, activate the respective PPAR subtypes with respect to the DMSO control. Moreover, the data in FIGS. 5 and 6 further show that the trans, cis-10,12 CLA isomer activated PPAR $\alpha$  and PPAR $\beta$  significantly more than the CLA mixture alone.

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#### EXAMPLE 3

#### Effect of CLA on Gene Expression

Activation of certain PPAR subtypes results in altered gene expression, such as gene induction. In this example, CLA was found to induce two markers of differentiation of mouse 3T3-L1 preadipocytes into differentiated adipocytes, which requires PPARy activation. The two markers studied were adipocyte protein-2 (mAP2) mRNA and PPARy mRNA.

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#### 3T3-L1 Cell Culture

Mouse 3T3-L1 preadipocytes (American Type Culture Collection) were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal calf serum (Gibco BRL) 0.2 mg/ml streptomycin and 200 U/ml

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penicillin ("growth media"). Differentiation was induced as described by Brandes, R., Arad R., and Bar-Tana, J., Biochem. Pharmacol. 50, 1949-1951 (1995). Briefly, differentiation was induced by adding various concentrations of CLA (25-250 µM final concentration), linoleic acid (100µM), Wy 14,643 (100µM) or vehicle (DMSO) in DMEM with 10% FCS and 0.1 µM dexamethasone ("induction media") to confluent 3T3-L1 preadipocytes. After 48 hours, the induction media was removed and replaced by induction media with 4 mU/ml insulin. This media was changed every 48 hours. At various time intervals, the cells were rinsed twice with PBS and total RNA extracted using TriReagent (Molecular Research Center).

The differentiation of mouse 3T3-L1 cells was monitored by examining adipocyte-specific markers including PPARy ( $\gamma$ 1 and  $\gamma$ 2) and adipocyte protein-2 (mAP2). The housekeeping gene  $\beta$ -actin was examined as described in Vanden Heuvel, J.P. et al., Cancer Res. 54, 62-68 (1994). Quantitative reverse transcriptase polymerase chain reaction was utilized to determine mRNA expression for these genes (as described in Vanden Heuvel, J.P., PCR Applications in Molecular Toxicology, 218 pgs. CRC Press, Boca Raton, FL (1997), for primer sequences utilized) using see Table 2 internal standards specific for each primer set (as described in Vanden Heuvel, J.P., Tyson, F. and Bell, D.A., Biotechniques 14, 395-398 (1993)).

| n ·                    | Length of Product (bp) Sequence    | Target | Int. Std.* |
|------------------------|------------------------------------|--------|------------|
| Primer<br>mAP2 forward | 5' ACT GTG GCC TGA GCG ACT TCT ATG | 190    | 314        |
| nAP2 feverse           | 5' AGG GGG CTT CTG GCA AAC AAT     |        |            |
| nPPARy forward         | 5' TGC TGG CCT CCC TGA TGA ATA     | 315    | 352        |
| mPPARy reverse         | 5' TTG GCG AAC AGC TGA GAG GAC     |        |            |
| Actin forward          | 5' CCT CTA TGC CAA CAC AGT         | 125    | 153        |
| Actin reverse          | 5' AGC CAC CAA TCC ACA CAG         |        |            |
| ACO forward            | 5' ATT CGG TGT TGT AAG TGC         | 417    | 340        |
| ACO reverse            | 5' TTG GTG GGT GGG TGT TGA         |        |            |

As seen in FIG. 8, CLA is effective at inducing both mAP2 and PPARy mRNA. It is also seen that CLA is more potent as a PPARy ligand in the 3T3-L1 bio-assay than would have been expected from the transactivation assays, the results of which are depicted in FIG. 4. FIG. 8 also shows that the most effective concentration of CLA in the differentiation assay was 50  $\mu$ M.

#### Animal Studies

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Male Zucker fatty (fa/fa) rats and lean littermates (wt) were obtained at six weeks of age from Genetic Models, Inc. (Indianapolis, IN). Because the primary aim of the study was to determine the ability of CLA to improve insulin action and prevent the onset of diabetes, all rats were determined normoglycemic prior to assignment to experimental treatments. (The diets are discussed in the subsequent section). After maintaining rats on experimental diets for 14 days, rats were euthanized by CO<sub>2</sub> and cervical dislocation and tissues collected, weighed and frozen. RT-PCR was performed as described above.

The genes utilized as markers of tissue and subtype specific PPAR activation included Acyl-CoA Oxidase

(ACO; found in the liver and induced by PPAR $\alpha$  activation), Adipocyte Specific Protein (mAP2; found in adipose tissue and induced by activation of PPAR $\gamma$ ) and ACO in the muscle (induced by PPAR $\beta$ ).

As seen in FIG. 9, both CLA and Troglitazone (5-[[4-[3,4-Dihydro-6-hydroxy-2,5,-7,8-tetramethyl-2H-1benzopyran-2-yl)methoxy]phenyl]methyl]-2,4thiazolidinedione; Parke-Davis) TZD: Rezulin, significantly induce ACO mRNA expression in the PPARacontaining tissue (liver) and а tissue predominantly PPARy (adipose tissue) but had no effect on a tissue with predominantly PPARB (muscle). induction of mAP2 in adipose tissue verifies the PPARy activation observed in the 3T3-L1 cells.

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#### EXAMPLE 4

### Effect of Dietary CLA on Normalizing Glucose Tolerance in the Zucker Fatty fa/fa Rat

The Zucker fa/fa rats are an excellent animal 20 model for the examination of adult onset diabetes. this example, the effect of three different diets levels of circulating (control, CLA, TZD) on the insulin, triglycerides and free fatty acids lean counterparts fa/fa rats as well as their 25 Moreover, to determine (wildtype, wt) were determined. increases insulin sensitivity as а activator, such as TZD, a glucose tolerance test was performed.

Diet components were obtained from Dyets, Inc. (Bethlehem, PA) and the CLA isomeric mixture (90% pure mixture) from PharmaNutrients, Chicago, IL. The CLA

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mixture had the following isomeric distribution: 428 including cis, trans-9,11 and composition of trans, cis-9, 11-octadecadienoic acid; 43.5% trans, ciscis, cis-9, 11acid; 1 % 10,12-octadecadienoic octadecadienoic acid; 1% cis,cis-10,12-octadecadienoic acid; and 1.5% of a composition including trans, transtrans, trans-10, 12and acid 9,11-octadecadienoic octadecadienoic acid, all on a weight percent basis. The CLA mixture also included, on a weight percent basis, about 0.5% linoleate, about 5.5% oleate and 5% other lipids as discussed above. The thiazolidinedione, TZD (Rezulin™, Parke-Davis, Arbor, MI), was used as a positive control for antidiabetic activity in these studies. Male Zucker fatty (fa/fa) rats and lean littermates (wt) were obtained at Models, from Genetic of age sixweeks (Indianapolis, IN). Because the primary aim of the study was to determine the ability of CLA to improve insulin action and prevent the onset of diabetes, all rats were determined normoglycemic prior to assignment to experimental treatments. After maintaining rats on experimental diets for 14 days, rats were euthanized by  $\mathsf{CO}_2$  and cervical dislocation and blood collected and glucose post-prandial for immediately analyzed concentrations (see below) or placed into heparinized test tubes for plasma analyses as described below. Epididymal fat pads and livers were harvested and weighed. An aliquot of the epididymal fat pad was isolated into buffered saline for glucose transport analyses and the remaining epididymal fat pad and gastrocnemius muscle were isolated, immediately frozen in liquid nitrogen and stored at  $-30^{\circ}$ C until mRNA and protein analyses were performed.

#### Experimental Diets

isocaloric, experimental diets were modified AIN-76 formulated according to a 5 containing 6.5% (by weight) fat (diet described in American Institute of Nutrition: Report of the American Institute of Nutrition Ad Hoc Committee on Standards for Nutritional Studies, *J. Nutr.* 107 1340-1348 (1977) but includes 6.5% by weight fat instead of 5% by weight 10 The same amount of corn oil (5%) was used in all diets since corn oil is rich in linoleic acid, essential fatty acid. The diets contained either 5% corn oil + 1.5% lard + no CLA (Control Diet), 5% corn oil + 1.5% CLA (CLA Diet), or 5% corn oil + 1.5% lard + 15 0.2% troglitazone (TZD Diet). A dose of 1.5% CLA was chosen based on previous studies in our laboratory showing this dose to modulate PPAR-associated (Belury, M.A. expression in the liver (1997)) 8:579-84 and inhibit 20 Nutr.Biochem. tumorigenesis in murine skin (as shown in Belury, M.A. et al., Nutr. Cancer 26, 149-157 (1996)). The dose of TZD (0.2%) used in this study has been shown to be effective at normalizing glucose tolerance after 15 days and suppressing elevated glucose, triglycerides, 25 free fatty acids and urinary protein in Zucker (fa/fa) rats. Diets were fed on alternate days and rats were allowed free access to food and water. Body weights were measured twice weekly and average food consumption estimated by measuring differences in weight of freshly 30 supplied diet and diet remaining in feeders two days

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later. Taking into account the average body weight of the fa/fa rats and the amount of food they consumed, the fa/fa rats received a daily dose of about 1.71 mg CLA/kg body weight, which amounted to a daily dose of about 375 mg.

#### Glucose Tolerance Tests

In order to compare the effects of CLA and TZD on insulin action, a glucose tolerance test was conducted on day 11 of dietary intervention. Animals were fasted overnight (16 hours). Conscious rats were injected intraperitoneally with D-glucose (1 g/kg body weight) and blood samples were collected via the tail vein prior to the injection (time 0) and at 2, 5, 10, 15, 20, 40, 60, 120 and 180 minutes following injection.

## Determination of Blood Metabolite and Hormone Concentrations

Blood glucose levels were determined using a One Touch glucose meter (Lifescan, Inc.). Plasma insulin levels were determined using commercially available radioimmunoassay kits (Linco Research, St. Charles, MO). Plasma nonesterified fatty acids were quantified using a colorimetric kit (Wako). Plasma triglyceride concentrations were determined using a commercially available kit (Sigma Diagnostics, St. Louis, MO).

FIG. 10 depicts the results of the glucose tolerance test. As expected, a decreased ability to remove glucose from the blood is seen in the fa/fa rats (compare lean control versus obese control). In the fa/fa rats fed either CLA or TZD, blood glucose was reduced much more rapidly than the respective control animals. As glucose tolerance is the predominant test used to assess the existence of non-insulin-dependent

diabetes mellitus (NIDDM), the data depicted in FIG. 10 convincingly show that CLA is as effective as TZD for improving glucose tolerance. Therefore, CLA may be an effective treatment for individuals with NIDDM.

The results showing the relative levels of circulating insulin, plasma triglycerides and circulating free fatty acids are shown in Table 3.

Table 3. Effect of Dietary CLA on Glucose, Triglyceride and Free Fatty Acid Concentrations in Zucker Rats

| Diet           | Insulin                | Plasma Triglycerides             | Free Fatty Acids          |
|----------------|------------------------|----------------------------------|---------------------------|
|                | $(ng/dl) \pm S.D.$     | (mg/dl) <u>+</u> S.D.            | (mMol) ± S.D.             |
| wt, Control    | 2.8±0.1                | 92.1±16.7 <sup>th</sup>          | 1.651÷0.497 <sup>ab</sup> |
| wt, CLA        | 2.8±0.5ª               | 66.2 <u>+</u> 18.0 bc            | 1.170+0.335 <sup>bc</sup> |
| wt,TZD         | 1.4±0.1°               | 61.1 <u>÷</u> 12.1 °             | 1.139+0 277°              |
| fa/fa, Control | $38.9 \pm 2.8^{\circ}$ | 408.3+148.7                      | 1.959+0.402               |
| fa/fa, CLA     | 20.6±3.3°              | 149.4 <u>+</u> 78.4 <sup>b</sup> | 1.004+0.262°              |
| fa/fa, TZD     | 5.6±0.5 <sup>d</sup>   | 57.08 <u>+</u> 12.3 °            | 0.778+0.378°              |
| 1              |                        |                                  |                           |

Plasma insulin triglycerides and free fatty acid concentrations were measured in fed rats after experimental diets were fed for 14 days.

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the fa/fa rats exhibited higher As expected, plasma insulin and triglycerides compared animals. However, CLA significantly improved symptoms of diabetes causing a 50-60% decline in plasma insulin, fatty acids. Moreover, triglycerides and free markedly decreased circulating insulin, triglycerides and free fatty acids in the fa/fa rats, thus verifying TZD effective anti-diabetic agent. as an additional information on the normalization of glucose

<sup>&</sup>lt;sup>a-d</sup> Values (± S.D.) with significant differences (p<0.05) within columns are denoted by different superscripts.

tolerance and other biological effects using CLA, reference may be made to Biochem. Biophys. Res. Comm., 244, 678-682 (1998).

While the invention has been illustrated described in detail in the drawings and foregoing be considered description, the same is to illustrative and not restrictive in character, it being understood that only the preferred embodiment has been that all changes shown and described and modifications that come within the spirit of the invention are desired to be protected. In addition, all references cited herein are indicative of the level of skill in the art and are hereby incorporated by reference in their entirety.

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What is claimed is:

- A method of treating diabetes in an animal, said method comprising administering to said animal a therapeutically effective amount of conjugated linoleic acid.
  - 2. The method of claim 1, wherein said conjugated linoleic acid is administered orally.
  - 3. The method of claim 2, wherein said conjugated linoleic acid is administered in a unit dosage form.
- 15 4. The method of claim 3, wherein said unit dosage form is a food product.
  - 5. The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 9,11-octadecadienoic acid, esters thereof, geometric isomers thereof, salts thereof and mixtures thereof.
- 6. The method of claim 5, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis; trans, cis; and cis, trans.
- 7. The method of claim 1, wherein said conjugated linoleic acid is selected from the group consisting of 10,12-octadecadienoic acid, esters

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thereof, geometric isomers thereof, salts thereof and mixtures thereof.

- 8. The method of claim 7, wherein said geometric isomers have configurations selected from the group consisting of trans, trans; cis, cis; trans, cis; and cis, trans.
  - 9. The method of claim 1, wherein said CLA is comprised predominantly of cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid.
  - 10. The method of claim 1, wherein said CLA is comprised predominantly of cis, cis-9,11-octadecadienoic acid.
    - 11. The method of claim 1, wherein said conjugated linoleic acid is administered in an amount of about 1 mg of said conjugated linoleic acid/kg body weight to about 10,000 mg of said conjugated linoleic acid/kg body weight.
    - 12. The method of claim 1, wherein said animal is a mammal.
    - 13. The method of claim 12, wherein said mammal is a human.
- 14. The method of claim 1, wherein said 30 conjugated linoleic acid is administered in a pharmaceutically acceptable carrier medium.

15. The method of claim 14, wherein said pharmaceutically acceptable carrier medium includes water.

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- 16. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of a mixture of cis, trans-9,11-octadecadienoic acid and trans, cis-9,11-octadecadienoic acid.
- 17. The food composition of claim 16, wherein said therapeutically effective amount of said mixture is sufficient to provide about 1 mg of said mixture/kg body weight per serving to about 10,000 mg of said mixture/kg body weight per serving.
- 20 18. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of cis, cis-9,11-octadecadienoic acid.

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- 19. The food composition of claim 18, wherein said conjugated linoleic acid is administered in an amount sufficient to provide about 1 mg of said cis, cis-9, 11-octadecadienoic acid/kg body weight per serving to about 10,000 mg of said cis, cis-9, 11-octadecadienoic acid/kg body weight per serving.
- 20. A food composition useful in treating diabetes comprising, a food product having a therapeutically effective amount of conjugated linoleic acid, said conjugated linoleic acid predominantly comprised of trans, cis-10, 12-octadecadienoic acid.
- 21. The food composition of claim 20, wherein said conjugated linoleic acid is administered in an amount sufficient to provide about 1 mg of said trans, cis-10,12-octadecadienoic acid/kg body weight per serving to about 10,000 mg of said trans, cis-10,12-octadecadienoic acid/kg body weight per serving.

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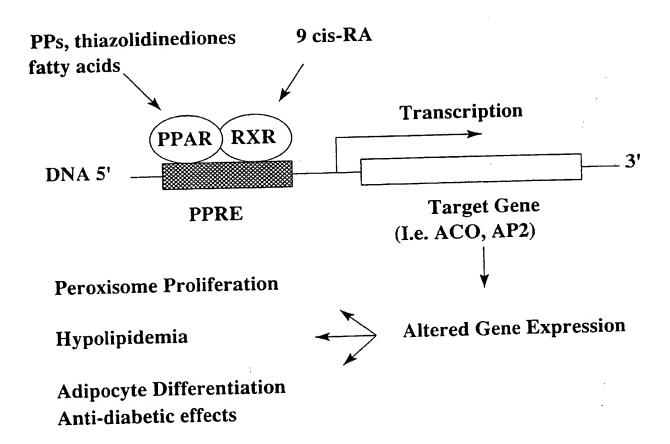
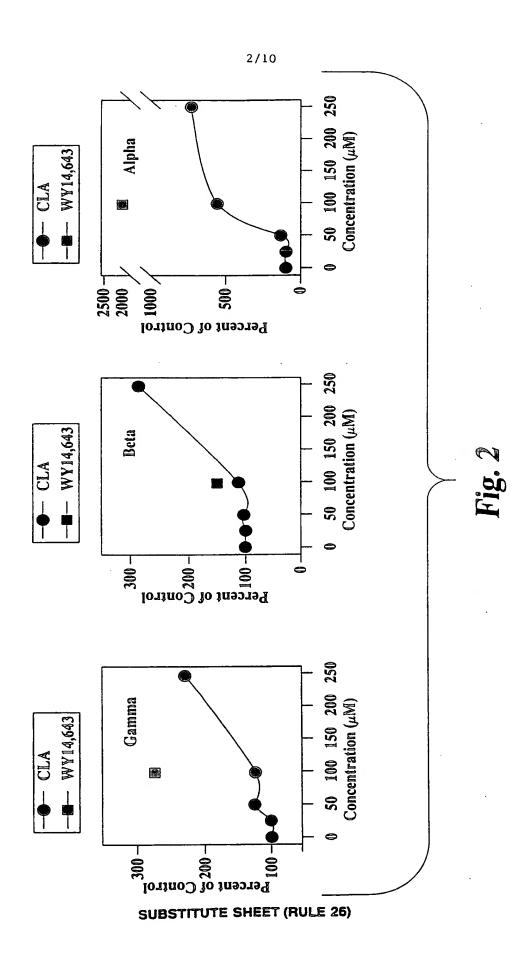


Fig. 1



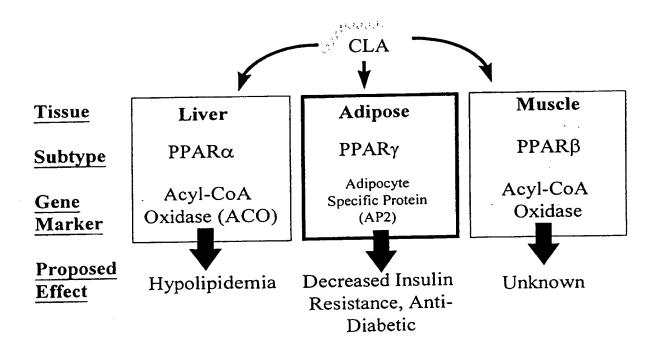
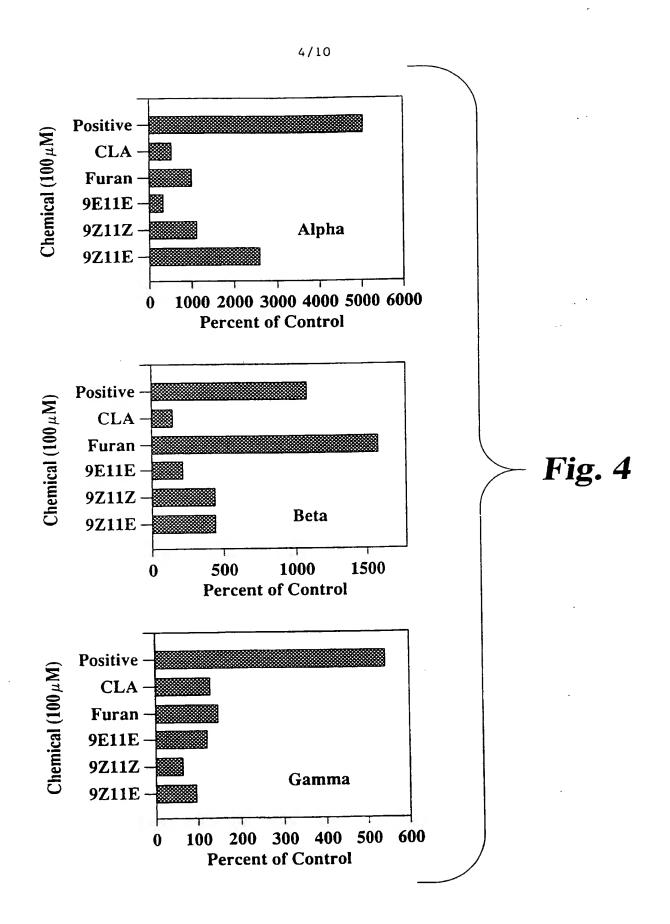


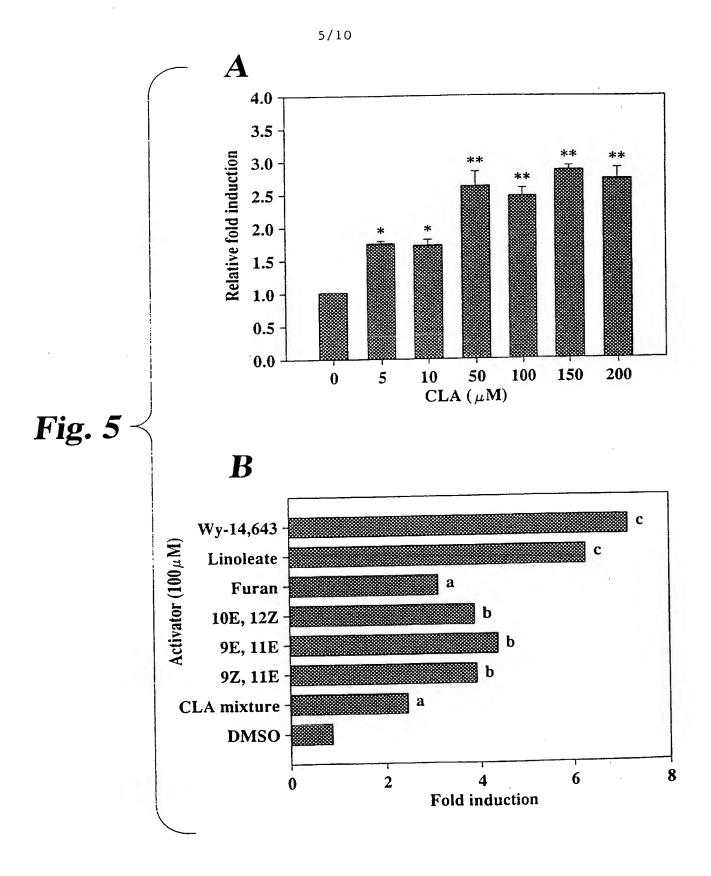
Fig. 3

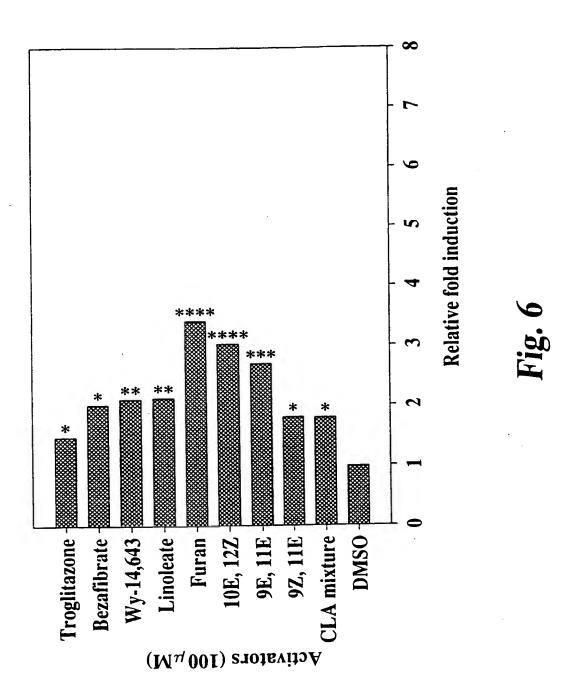
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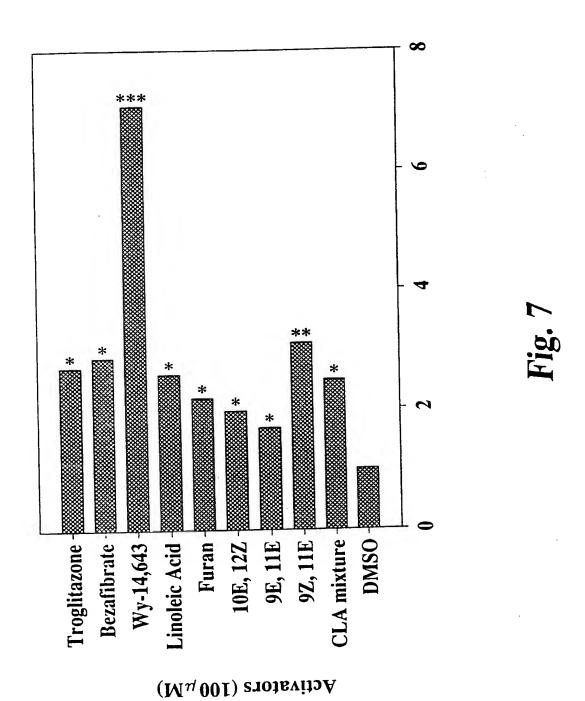
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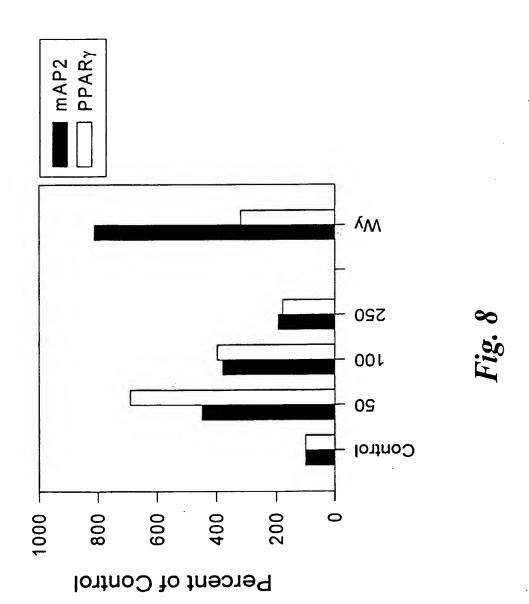




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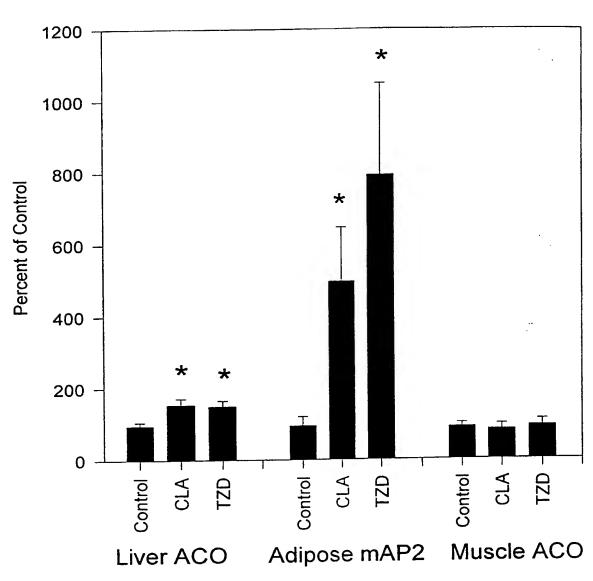
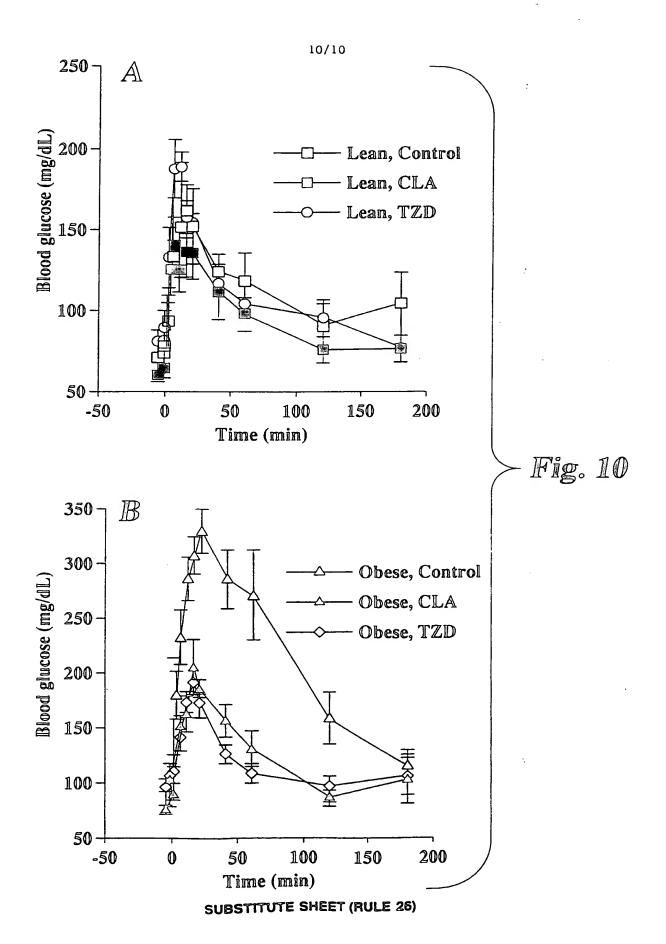


Fig. 9



#### INTERNATIONAL SEARCH REPORT

International application No. PCT/US98/26469

| A. CLASSIFICATION OF SUBJECT MATTER IPC(6): A61K 31/22, 31/225 US CL: 514/546, 547 According to International Patent Classification (IPC)                   |   | national classification and IPC  |  |  |  |  |
|---|---|--|--|--|--|--|
| According to International Patent Classification (IPC) or to both national classification and IPC  B. FIELDS SEARCHED                                       |   |  |  |  |  |  |
| Minimum documentation searched (classification system   | m followed  | by classification symbols)   |  |  |  |  |
| U.S. : 514/546, 547   |   |  |  |  |  |  |
| Documentation searched other than minimum documents   | ation to the  | extent that such documents are included  | in the fields searched   |  |  |  |
| Electronic data base consulted during the international APS   | search (nai   | me of data base and, where practicable   | e, search terms used)  |  |  |  |
| search terms: linoleic and diabetes   |   |  |  |  |  |  |
| C. DOCUMENTS CONSIDERED TO BE RELE  | VANT  |  |  |  |  |  |
| Category* Citation of document, with indication,  | , where app   | propriate, of the relevant passages  | Relevant to claim No.  |  |  |  |
| Y US 4,407,821 A (MENDY) 04 column 6, line 58.  | US 4,407,821 A (MENDY) 04 October 1983, column 1, line 6 to column 6, line 58.                        |  |  |  |  |  |
|   | US 4,871,768 A (BISTRIAN et al.) 03 October 1989, column 1-23 Column 3, line 64 to column 4, line 40. |  |  |  |  |  |
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| Further documents are listed in the continuation  | of Box C.   | See patent family annex.   |  |  |  |  |
| Special categories of cited documents:  | •   | T <sup>e</sup> later document published after the into date and not in conflict with the appli                         | mational filing date or priority<br>cation but cited to understand |  |  |  |
| "A" document defining the general state of the art which is not e-<br>to be of particular relevance   | onsidered   | the principle or theory underlying the   | invention  |  |  |  |
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| *P* document published prior to the international filing data but<br>the priority data claimed  | later than  | & document member of the same patent   | family   |  |  |  |
| Date of the actual completion of the international search 23 MARCH 1999   | h D   | Date of mailing of the international sea<br>12 APR 1999  | rch report   |  |  |  |
| Name and mailing address of the ISA/US Commissioner of Patents and Trademarks Box PCT Washington D.C. 20221   | A   | Authorized officer THEODORE !. CRIARES   | /<br>X   |  |  |  |
| Washington, D.C. 20231  |   | Felenbara No. (703) 308-1235   | ~  |  |  |  |

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